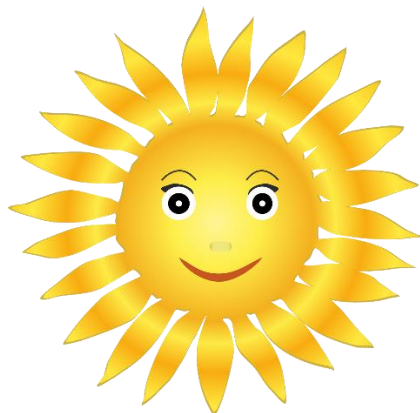


May 2018 Holistic and Integrative Medicine Top Reads



HEALTH

MICROBIOME UPDATES

The Bug-Gut-Health Connection

- [Targeting Gut Bugs to Treat Disease- Advances Being Made](#)
- [The Gut Microbiome and Cardiovascular Disease- Function Trumps Presence](#)
- [Inflammation, the Gut, and Diabetes Type 1](#)
- [Skin's 'Good' Bacteria May Be Promising Weapon for Eczema](#)
- [How Gut Bugs Protect Inflammation and Liver Disease in Mice](#)
- [Linking Gut Bug Diversity to Arterial Stiffness in Women](#)
- [How the Gut Builds its Microbiome](#)
- [Profiling the Gut Microbiome for Cholera Risk](#)
- [Salvia RNA Modulates Host-Oral Microbial Interactions](#)
- [Your Gut Defenders from Typhoid](#)
- [Microbes in Placenta Related to Risk of Preterm Birth](#)
- [Gut Microbiome and Liver Cancer- in Rodents](#)
- [Kids Too Sterile- Not Enough Bugs Bugging the Immune System- Link to Leukemia](#)
- [Rodent Study Links Gut Bacteria to Epilepsy Relief Found in Ketogenic Diet](#)

More Buggy Updates

- [What Makes Up the American Gut?](#)
- [A Gut-Brain Connection Found in Turkey-Loving Mice with MS](#)
- [What Do the Genes of Bugs Do?](#)

Food and Gut Bugs

- [Walnut Consumption Alters the Gastrointestinal Microbiota, Microbially Derived Secondary Bile Acids, and Health Markers in Healthy Adults: A Randomized Controlled Trial](#)
- [Drinking Alcohol Effects Oral Microbiome](#)
- [Probiotics Effective for Primary Prevention of C. Diff](#)
- [Dietary Seaweed Used to Manipulate Gut Bacteria in Mice](#)

HEALTH UPDATES

Societal Health

- [Global Healthcare and Access Improves, But Not for U.S.](#)
- [Trends in Reported Vectorborne Disease Cases — United States and Territories, 2004-2016](#)
- [America's Fittest City- Arlington, VA](#)
- [Tobacco Companies Must Put New Warnings On Label, Court Says](#)
- [FDA Cracks Down on Dangerous E-Cig Liquids That Resemble Cookies, Candy](#)
- [Dr Mehmet Oz Appointed to New Trump Panel on Fitness](#)
- [How Can We Stop the Rising Number of Maternal Deaths in the US?](#)
- [The Health Costs of Alcohol and Tobacco](#)
- [More Than 100 Medical and Consumer Groups Write Letter Warning the Right-To-Try Bill is a Dangerous Path](#)
- [Bill for Right to Try Passes and Signed](#)

Science and Health News

[*Blood Type and Risk of Death After Injury*](#)

[*Dr. Samuel Epstein, 91, Dies*](#)

[*Blocking the Common Cold In the Works?*](#)

[*Lovin' on Lactate: From Poison to Cure*](#)

[*Blood Type Linked to Diarrhea Pants with E.Coli*](#)

[*Hotter Bodies Better at Immune Modulation*](#)

Testing Updates

- [New Test for Peanut Allergy Measuring Mast Cell Response](#)
- [Zika Blood Test, Don't Bother!](#)

- [New Guidelines Lower Colon Cancer Screening to Age 45](#)

Mind-Body Medicine

- [Music May Tame Agitation in Alzheimer's](#)
- [Adding Mental Health Services Better Results for Pain Relief](#)
- [Job Strain and Mental Health](#)
- [Early Childhood Stress May Modify Men's Sperm!](#)
- [More Bad Health News for Lonely People](#)
- [New Study: Clues as to How Brain Stimulation Beats Food Cravings- Stimulation of Brain Chemicals and Hormonal Modulation](#)

Environment

- [Dirty Air Can Affect Women's Hearts](#)
- [Dirty Air Linked to Babe's Blood Pressure](#)
- [Smoke Free Rooms Aren't Smoke Free](#)
- [BPA Effects on Hearts of Rodents- Raising Eyebrows for Changing Medical Devices](#)

NUTRITION

- [Mercury Rising: Are the Fish We Eat Toxic?](#)
- [Evening Primrose Oil May Protect Preemies Babies Brains Via Gene Expression](#)
- [Eggs Vindicated as Not Guilty for Heart Health- 12 Month Study with Up to 12 Eggs](#)
- [An Egg a Day Keeps the Doc Away? Association Study](#)
- [Arsenic and Rice: What to Know](#)
- [Diet, Smog, and Heart Disease](#)

MEDICATIONS

Legal and Updates

- [Americans Patients First- Trump Lays Out Drug Plan, Calling for More Competition, Less 'Global Freeloading'](#)
- [Fewer Antibiotics, More ADHD Meds Prescribed to Kids](#)
- [A Non-Profit Drug Company!?](#)
- [FDA Approves Non-Opioid Drug for Opioid Withdrawal](#)

- [FDA Approves Migraine Prevention Drug- Steep Price for Relief](#)
- [Experimental Drug Shows Promise for Celiac Disease and Gluten Exposure](#)

Safety

- [Outbreak of Life-threatening Coagulopathy Associated with Synthetic Cannabinoids Use](#)
- [Anticholinergic Drugs and Risk of Dementia: Case-control Study](#)
- [Kidney Stone Risk and Antibiotics](#)
- [Treatment for Teething Pain Poses Serious Health Threat: FDA](#)
- [Study Affirms What Many Know: Antidepressants May Lead to Weight Gain](#)
- [IBU over ABX Not Good for UTI](#)