

July 2019 Top Holistic and Integrative Medicine Top Reads



HEALTH

Microbiome

- [Probiotics, Antibiotics, and Poo Transplants- A Complicated “Sludge”](#)
- [Gut Microbes Protect Rodents from Virus?](#)
- [Drug in Development to Treat Alzheimer’s via Dental Pathogen](#)
- [Sampling the Microbiome with a Pill](#)
- [Association of Vaginal Microbiome, BRCA Gene, and Ovarian Cancer Risk](#)
- [Sharing Skin Microbiomes for Therapeutic and Cosmetic Purposes](#)
- [Microbiome Linked to Preterm Growth Failure](#)
- [This is Your Colon Microbiome- On a High-Quality Diet](#)
- [Swallowing a Bug Helps Metabolic Markers- In Small HUMAN Trial!](#)

Updates in Health

- [Sprinkle on Salt and Feel the Bloating?](#)
- [Playing Games in Later Life Can Help Keep the Brain Young, Observational Study](#)
- [Maternal Thyroid Levels and Baby’s Brain Volume Linked](#)
- [Would You Like Some Broccoli with That? Hospitals Offering Plant-Based and Healthier Foods for Better Health!](#)
- [Serious Misdiagnoses Leading to Harms & Malpractice Claims- the Big Three](#)
- [Medical Device Reports of Breast Implant-Associated Anaplastic Large Cell Lymphoma](#)
- [Cheaper Canadian Drugs Imported to U.S.?](#)

Testing

- [A New Urine Test for IBS?](#)
- [Newer Lung Cancer Screening May Reduce Deaths](#)
- [New Test to Help Determine Pancreatic Cancer Risk](#)
- [Staging Alzheimer's Disease](#)

Mind-Body

- [Socializing May Be Good for the Brain](#)
- [A Broken Heart and Cancer Risk](#)
- [The Genetics and Gender of Procrastination](#)
- [How Family and Tough Neighborhoods Link to Asthma in Kids](#)

Environment

- [Climate Change Is a Public Health Emergency, Medical Groups Warn](#)
- [A Boston Hospital With a Farm on Its Roof Seeks to Inspire Others](#)
- [Trump EPA Allows Use of Controversial Pesticide](#)

NUTRITION

[FDA Issues Revised "Advice about Eating Fish for Women Who Are or Might Become Pregnant, Breastfeeding Mothers, and Young Children"](#)

[Higher EPA Levels Linked to Lower Risk of Heart Failure](#)

[NAC and Parkinson's- Small Trial](#)

MEDICATION

[New Cancer Drugs and Diagnostics in WHO Essential 2019 Lists](#)

[Risk for Adverse Psychiatric Reaction in Those on Acne Med](#)

[Opioids Prescribed to ½ Women After Delivery](#)

[Millions on Daily Aspirin for CV Prevention, but Probably Shouldn't Be: US Study](#)

[FDA Approves First Needle-Free 'Rescue' Drug for Low Blood Sugar Episodes](#)

[Driving Under the Influence of Prescriptions](#)