

# HEALTH

## Health Topics

[US Maternal Death Rates Increased, but So Did Statistical Methods](#)

[Sci-Fi to Reality: The Possibility of Regenerating Limbs!?](#)

[Lower Socioeconomics Effects Heart Health](#)

[Physical and Social Support Help Frailty in Elderly](#)

[US Top Hospital Rankings- Perception One Factor in Ratings](#)

[Is Cancer a Metabolic Disease?](#)

[Financial Relationships with Industry Among National Comprehensive Cancer Network Guideline Authors | JAMA](#)

[New Insights on Mind-Body](#)

[Healthy Obesity May Be a Myth](#)

[What Happens in the Brain in Addiction May Be a Silence in Neurons](#)

[A New Way to Monitor Blood Levels of Alcohol- Through a Wearable](#)

[Water Helps Deter Tempting Treats at the Office](#)

[Kids Miss the Mark in Heart Health](#)

[Happier= Healthier Seniors](#)

[Weighing In on the Right Amount of Light and Timing of Bright](#)

## Epigenetics: How Nature Feeds into Nurture

[Nature and Nurture in Autism- Genome Study Looks at Epigenetic Links](#)

[Different Genetic Variations in Siblings with Autism](#)

[Season and Region of Birth Linked to Celiac Disease Risk](#)

[Unhealthy Diet in Mom Linked to Child's ADHD Symptoms](#)

[Stressed Dads Can Affect Kids' Development](#)

[How Obesity is Epigenetically Linked from Mom to Child](#)

## **A Little Caring + Nutritional Education + Family Involvement = 20 Cent School Intervention That Stops Unhealthy Weight Gain in Children**

[Epigenetic Test Used to Determine Primary Tumor Type Responsible for Metastasis in Cancer](#)

[A SNP Linked to Suicide Risk](#)

[Stress Effects Could Be More Powerful and Complex Than Thought](#)

[Why People with Blood Type O Get More Cholera](#)

[How a Mutation Helped Humans Deal with Smoke and Fire](#)

## **Microbiome News**

[Why Do Bacteria Get All the Attention? Unearthing the Massive Virome](#)

[How Timing of the Day and Seasons Modulate Microbes Prowess on Your Immune Response](#)

[Microbiome Differences Found in Healthy and Cancerous Breasts](#)

[Beneficial Nose Bugs Support Better Bacteria Balance](#)

[The Infant Airway Microbiome Discovered and It May Help Predict Lung Disease](#)

[What Mom Eats Affects Baby's Microbiome](#)

[Stressed Dads Can Affect Kids' Development](#)

[The Messed Up Oral Microbiome in Dental Disease](#)

[How Gut Microbes Could Tip the Balance for Developing Celiac Disease in Mice](#)

[Stopping Weight Gain with Engineered Gut Bugs in Hefty Rodents](#)

## **How Belief Effects Health**

[Believe it or Not, it is Better to Believe for Exercise Benefits](#)

[Chew on This: How We Believe Our Meat Was Raised Effects Taste](#)

## **Exercise for Brain, Heart, and Pain**

[Exercise for a Fit Body and Better Brain](#)

[Why Moving It \(Your Bootie\) Will Help with Not Losing It \(Memory\)](#)

[Swimming or Walking Away Fibromyalgia Pain](#)

[A Type of Brain Training Could Help Reduce Dementia Risk](#)

[Move More for Health- Exercise Not Enough Says AHA](#)

[Moderate Physical Activity Decreases Cardiovascular Death in Those Over 65](#)

[Automatic Activity Tracker Tells How Much Exercise Prevents Cardiovascular and All-Cause Mortality](#)

## **Beyond Healthy Smiles**

[Hidden Tooth Infections and Heart Disease Linked](#)

[AP Asks- Is There Evidence for Flossing for Dental Health?](#)

## **Policy Updates**

[Task Force: Routine Genital Herpes Screening Not Recommended](#)

[Depression Screenings Not a Good Method for Detecting Depression in Youth](#)

## **Environmental News**

[The Link Between Pesticides and Respiratory Issues](#)

[Smog May Shorten Lives of Lung Cancer Patients](#)

[6 Million Americans Drink Water Tainted with Toxic Chemicals: Report](#)

[Anti-Aging, Skin-Lightening Products May Contain Mercury](#)

[Chemical Eye Burns in Kids and Dangerous Household Cleaners](#)

## **NUTRIGENOMICS**

### **Diet and Disease**

[Western Diet Increases Alzheimer's Disease Risk in Study](#)

[DASH Diet May Help Gout](#)

[Sugary Western Diet and Breast Cancer Linked](#)

[The Power of the Mediterranean Diet for the Mind](#)

[Mediterranean Diet and Fish Intake Help Eyes in Study](#)

[Mediterranean Diet Beneficial for Those Who Need to Support Heart Health](#)

## **Policy**

[FDA Guidelines Could Hurt Supplement Industry and Consumers](#)

[No More Than 6 Teaspoons of Added Sugars a Day for Kids](#)

## **Supplements & Nutritional Links**

[Carnitine, Microbiome, and Men's Hearts](#)

[More Fish Oil Heart Healthy News](#)

[Manganese Linked to Autism Risk in Rats](#)

[Omega-3s Potential and Evidence to Help with Healing from Traumatic Brain Injury](#)

## **Nutrigenomics**

[You May Be More Than Gluten Sensitive- You May Have "Celiac Lite"](#)

[Excess Weight and Cancer Linked Again](#)

[The New Coffee Gene](#)

## **MEDICINES**

### **Cool News**

[iPad as Effective as Sedative to Calm Kids Nerves Pre-Op, Study](#)

### **Updates**

[FDA Bans E-Cigs to Minors](#)

[USDA Denies Request to Ease Federal Pot Rules](#)

[Biologic Generic or Biologic Brand- 'Tis the Same Says This Review Study](#)

[Mylan to Offer Generic EpiPen](#)

[Oral Immunotherapy Effective for Peanut Allergy in Study](#)

[1 in 5 Opioid Users May Be Abusing Seizure Drug](#)

The Steep Prices of Prescriptions Based on Patent Monopolies

Insulin in a Pill- Cholestosomes™

## **Safety**

Increase in Lower Intestinal Perforations in RA Patients on Tocilizumab

Acetaminophen During Pregnancy May Up Risk of ADHD in Kids

Gene Variant Linked to Efficacy of Metformin

Not Depressed Anymore but Anxious Now- Can Antidepressants Cause Anxiety?

(Extending Time and Looking at Stats Means) HRT Risk May Have Been Underestimated

Less Risk of Intracranial Bleeding, Same Stroke Prevention in New Oral Anticoagulants- Study